



10cm

## **FACEMASK PATTERN INSTRUCTIONS:**

- 1 - Wash all fabric to pre shrink**
- 2 - Cut: 2 x top layer (any type of cotton)  
2 x middle layer (cotton t-shirt / vest / tee towel)  
2 x bottom layer densely woven cotton (drill or pillow case)**
- 3 - Pin top layer and middle layer together so they make one piece, then with the two top layer pieces facing each other stitch along the CF seam.**
- 4 - Stitch the two bottom layer pieces together along the CF seam.**
- 5 - Trim and press the CF seams**
- 6 - With the right sides facing each other, stitch together the layers along the top and bottom edges. Then trim the edges, and turn it inside out and press.**
- 7 - Fold in and press the side seams, and then pin in the elastic at each edge.**
- 8 - Top stitch the side seams, reinforcing the stitching over the elastic**
- 9 - OPTIONAL - Top stitch along the top and bottom edge of the mask**

**\*\*\*Note this pattern is for an average sized adult. If you want to make it bigger or smaller just scale pattern up or down by 1cm along each edge**

**\*\*\* If you want to make more of an informed decision about the most suitable fabrics please check out the following links:**

<https://smartairfilters.com/en/blog/best-materials-make-diy-face-mask-virus/>

[https://www.researchgate.net/publication/258525804\\_Testing\\_the\\_Efficacy\\_of\\_Homemade\\_Masks\\_Would\\_They\\_Protect\\_in\\_an\\_Influenza\\_Pandemic](https://www.researchgate.net/publication/258525804_Testing_the_Efficacy_of_Homemade_Masks_Would_They_Protect_in_an_Influenza_Pandemic)

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